

PATROL NAME: _____ **TROOP #** _____

PATROL LEADER'S NAME: _____

SCORE: _____ of out 50

NORTH VALLEY DISTRICT 2018 FIRST AID MEET FIRST AID TEST

Write the answer in the space provided & circle the correct answer (2 pts each).

- ___ 1. Which of the following is usually NOT the cause of a puncture wound?
A. Gun Shot
B. Pins or needles
C. Razor blades
D. Splinters
E. Fish Hook
- ___ 2. Added in the contact list of many cell phones, what does the acronym ICE stand for? _____
- ___ 3. How long should you wash your hands for?
A. 5 to 10 seconds
B. 2 to 3 minutes
C. 45 to 55 seconds
D. 15 to 20 seconds
E. at least 1 hour
- ___ 4. A strain occurs when _____ are overstretched.
A. Muscles
B. Nerves
C. Ligaments
D. Veins
E. Arteries
- ___ 5. True or False: A hot spot is a sign that a blister may be forming.
- ___ 6. True or False: You should treat all accident victims for shock.
- ___ 7. True or False: A brown recluse spider is known by its distinctive fiddle marking.
- ___ 8. True or False: Hypothermia can only occur in the winter.
- ___ 9. True or False: A heart attack and a cardiac arrest are the same thing.
- ___ 10. To remove a tick, do one of the following:
A. Use the heat from a match to force the tick out.
B. Use petroleum jelly and smother the tick to force it out.
C. Use a credit card and scrape it off.
D. Use tweezers to grasp the tick and gently pull it out.

- ___ 11. Cause(s) of anaphylactic shock may include:
A. Peanuts
B. Latex
C. Jellyfish Stings
D. All of the above
- ___ 12. True or False: When someone is having a seizure you should stick something in their mouth to prevent them from swallowing their tongue.
- ___ 13. True or False: Tourniquets should never be used and Scouts should not learn how to make and use them.

For #14 & 15 Match the letter with the appropriate number

- ___ 14. Closed Fracture A. Compound Fracture (bone sticks out)
___ 15. Open Fracture B. Simple Fracture (bone does not stick out)

For #16-18 Match the letter with the appropriate number

- ___ 16. 1st Degree burn A. Superficial Burn
___ 17. 2nd Degree burn B. Partial-Thickness Burn
___ 18. 3rd Degree burn C. Full-Thickness Burn
- ___ 19. The ditty “red and black-friendly jack; red and yellow-deadly fellow” refers to which snake?
A. Cottonmouth moccasin
B. Copperhead
C. Eastern Rattlesnake
D. Coral Snake
- ___ 20. A person that has pale and clammy skin, is suffering from nausea, tiredness, and dizziness, and is complaining of a headache, muscle cramps, and weakness may be suffering from:
A. Heat Stroke
B. Heart Attack
C. Hypothermia
D. Heat Exhaustion
- ___ 21. An example of an abrasion is:
A. A black and blue mark
B. A pulled muscle
C. A cut or scrape
D. A partial amputation
- ___ 22. An AED (Automated External Defibrillator) is a tool that is used for:
A. Opening a victim’s airway
B. Removing splinters and other foreign bodies from a person
C. Restarting the heart of a patient who is in ventricular fibrillation
D. Opening car doors that have been smashed in an accident.

- ___ 23. A sphygmomanometer is a device used to get a patient's
- A. Pulse
 - B. Respirations
 - C. Blood Pressure
 - D. Blood sugar level
- ___ 24. TRUE OR FALSE: Gerald R. Ford was the only Eagle Scout to become U.S. President.
- ___ 25. Which of the following are true about Gerald R. Ford
- A. Became U.S. President without ever being elected as President or Vice-President.
 - B. An Eagle Scout
 - C. Had served the shortest time of any President having not died in office.
 - D. Earned the Distinguished Eagle Scout Award
 - E. All of the Above

TIE BREAKER QUESTIONS

In the event of a Tie in the top 5, the following questions will be used as a Tiebreaker.

What do the following acronyms mean?

- CPR _____
- AED _____
- EMS _____
- SAR _____
- FEMA _____