

PATROL NAME: _____ **TROOP #** _____
SCORE: _____ **of out 50**

NORTH VALLEY DISTRICT 2017 FIRST AID MEET FIRST AID TEST

Write the answer in the space provided & circle the correct answer (2 pts each).

- C 1. Which of the following is usually NOT the cause of a puncture wound?
A. Gun Shot
B. Pins or needles
C. Razor blades
D. Splinters
E. Fish Hook
2. Added in the contact list of many cell phones, what does the acronym ICE stand for?
In Case of Emergency
- D 3. How long should you wash your hands for?
A. 5 to 10 seconds
B. 2 to 3 minutes
C. 45 to 55 seconds
D. 15 to 20 seconds
E. at least 1 hour
- A 4. A strain occurs when _____ are overstretched.
A. Muscles
B. Nerves
C. Ligaments
D. Veins
E. Arteries
- F 5. True or False: A hot spot is a sign that a blister may be forming.
- T 6. True or False: You should treat all accident victims for shock.
- T 7. True or False: A brown recluse spider is known by its distinctive fiddle marking.
- D 8. To remove a tick do one of the following:
A. Use the heat from a match to force the tick out.
B. Use petroleum jelly and smother the tick to force it out.
C. Use a credit card and scrape it off.
D. Use tweezers to grasp the tick and gently pull it out.
- F 9. True or False: Hypothermia can not occur in the summer.
- F 10. True or False: A heart attack and a cardiac arrest are the same thing.

- F 11. True or False: Tourniquets should never be used and Scouts should not learn how to make and use them.
- D 12. Cause(s) of anaphylactic shock may include:
 A. Peanuts
 B. Latex
 C. Jellyfish Stings
 D. All of the above
- F 13. True or False: When someone is having a seizure you should stick something in their mouth to prevent them from swallowing their tongue.

For #14 & 15 Match the letter with the appropriate number

- B 14. Closed Fracture A. Compound Fracture (bone sticks out)
A 15. Open Fracture B. Simple Fracture (bone does not stick out)

For #16-18 Match the letter with the appropriate number

- A 16. 1st Degree burn A. Superficial Burn
B 17. 2nd Degree burn B. Partial-Thickness Burn
C 18. 3rd Degree burn C. Full-Thickness Burn
- D 19. The ditty “red and black-friendly jack; red and yellow-deadly fellow” refers to which snake?
 A. Cottonmouth moccasin
 B. Copperhead
 C. Eastern Rattlesnake
 D. Coral Snake
- D 20. A person that has pale and clammy skin, is suffering from nausea, tiredness, and dizziness, and is complaining of a headache, muscle cramps, and weakness may be suffering from:
 A. Heat Stroke
 B. Heart Attack
 C. Hypothermia
 D. Heat Exhaustion
- C 21. An example of an abrasion is:
 A. A black and blue mark
 B. A pulled muscle
 C. A cut or scrape
 D. A partial amputation
- E 22. Where was the 2017 National Scout Jamboree held?
 A. Washington, DC
 B. Philmont Scout Ranch, New Mexico
 C. Fort A.P. Hill, Virginia
 D. Orlando, Florida
 E. Summit Bechtel Reserve, West Virginia

- A 23. The 2019 World Scout Jamboree will take place at the Summit Bechtel Reserve in
C West Virginia. It will be hosted by three Scouting Organizations in North America.
D Which three Scouting Organizations are they? **(2 points each)**
- A. Association de Scouts de Mexico (Mexico)
 - B. Scout Association (England)
 - C. Scouts Canada (Canada)
 - D. Boy Scouts of America (USA)
 - E. Scoutisme Francais (France)
 - F. Girl Scouts of the USA (USA)
 - G. Scout Association of Japan (Japan)

TIE BREAKER QUESTION

In the event of a Tie in the top 5, the following question will be used as a Tiebreaker.

What do the following acronyms mean?

CPR	<u>Cardiopulmonary Resuscitation</u>
AED	<u>Automated External Defibrillator</u>
EMS	<u>Emergency Medical Services</u>