

**PATROL NAME:** \_\_\_\_\_ **TROOP #** \_\_\_\_\_



## NORTH VALLEY DISTRICT 2009 FIRST AID MEET

### Broken Arm & Sprained Ankle Scenario

Scenario: While hiking along the Cub River at Star State Park in early July, the patrol observes a severe rainstorm approaching. The patrol knows this area is prone to flash flooding, so the patrol decides to get to higher ground. The Rangers Station, which is manned 24 hours a day, is approximately 2 miles from where they are and the patrol can seek shelter there.

While going up a steep hill, a scout falls and slides into another scout. Both scouts end up at the bottom of the hill.

The first scout complains of severe left forearm pain. He stated he heard a snap. The patrol leader observes some swelling and the arm appears to be in an abnormal shape.

The second scout complains of right ankle pain, but states the pain is only slight. The scout can put some pressure on the ankle; however, will not be able to walk unassisted. The river is rising rapidly and the patrol only has 10 minutes before the water reaches their location.

ACTION TAKEN	POSSIBLE POINTS	POINTS EARNED
<b>GOING FOR HELP</b>	<b>5 Max pts</b>	
1. Patrol sends two Scouts to get help at the Rangers Station (if only 1 scout goes, then 2 points)	5	
<b>CALLING FOR HELP</b>	<b>25 Max pts</b>	
1. The Scout tells what happened		
a. Scout #1 has possible left broken arm.	5	
b. Scout #2 has a possible sprained ankle.	5	
2. The Scout explains what is being done		
a. Scout #1's arm is splinted	5	
b. Scout #2 is being assisted in walking or carried	5	
3. The scouts escort the Rangers to the incident	5	
<b>BROKEN ARM TREATMENT PROCEDURE</b>	<b>35 Max pts</b>	
1. Kept the area above and below the injury still & stable.	5	
2. Checked for circulation prior to splinting	5	
3. Extended splints beyond the elbow and wrist.	5	
4. Minimized movement while applying splints by providing support above and below the fracture.	5	

5. Secure splints with bandages, neckerchiefs, or other wide strips of cloth. Tie at least one place above the injured area and one place below.	5	
6. Did not tie bandage directly over the injury itself.	5	
7. Checked for circulation after splinting.	5	
<b>SLING PROCEDURE</b>	<b>20 Max pts</b>	
1. Sling applied.	10	
2. Hand is equal to or a little higher than the elbow.	5	
3. Pig tail or similar method used to prevent elbow from sliding out of sling.	5	
<b>SPRAINED ANKLE TREATMENT PROCEDURE</b>	<b>20 Max pts</b>	
1. Did not remove boot or shoe.	10	
2. Ankle is wrapped for support (including boot or shoe)	10	
<b>MOVING SCOUT #2 (INJURED ANKLE)</b> (have patrol demonstrate (or explain) at least 3 methods to move victim)	<b>15 Max pts</b>	
1. Method #1 (list)	5	
2. Method #2 (list)	5	
3. Method #3 (list)	5	
Approved methods: <i>Single-Rescuer:</i> walking assist; one-person lift; firefighter carry; pack-strap carry <i>Multiple-Rescuer:</i> walking assist; four-handed seat; two-handed seat; chair carry (may be explained); hammock carry (may be explained); stretcher (may be explained)		
<b>PRIORITIZED INCIDENT</b>	<b>15 Max pts</b>	
1. Treated Scout #1's broken arm first	5	
2. Carried Scout #2 to higher ground first	5	
3. Treated Scout #2's ankle injury after getting to higher ground.	5	
<b>TOTAL POINTS</b>	<b>135</b>	

**JUDGE'S NAME (PRINT):** \_\_\_\_\_

**JUDGE'S SIGNATURE:** \_\_\_\_\_

**JUDGE'S AFFILIATION:** \_\_\_\_\_