

PATROL NAME: _____ **TROOP #** _____

NORTH VALLEY DISTRICT 2008 FIRST AID MEET

Ankle Injury

Scenario: While at Camp Scout, a severe thunderstorm is rapidly approaching with a lot of lightning strikes. According to weather reports, the storm should only last about 30 minutes before passing. A scout is running across an open field to get to Second Class Cabin and steps in a hole. The scout's sneaker/boot is still on. The scout screams with pain. The scout's right ankle is swelling, but does not appear to be deformed. The scout is in severe pain.

The patrol has a cell phone available, but only reception is on top of a large hill which is already being hit by the storm.

Only the patrol leader and the Scouts that go for help may speak to the judge.

ACTION TAKEN	POSSIBLE POINTS	POINTS EARNED
GOING FOR HELP	15 Max pts	
1. Patrol sends two Scouts to get help	5	
2. The scouts do not go for help until after storm passes.	10	
CALLING FOR HELP	25 Max pts	
1. The Scout tells what happened		
a. The scout has a possible sprained/broken ankle	5	
2. The Scout gives location as being at Second Class Cabin at Camp Scout.	5	
4. The Scout explains what is being done		
a. The ankle was splinted	5	
b. Ice is placed on the ankle to reduce swelling	5	
5. The Scout hangs up last, when judge says OK	5	
SPRAIN/FRACTURE TREATMENT PROCEDURE	35 Max pts	
1. The patient's sneaker/boot is left on.	10	
2. Circulation is checked	2	
3. The patient's right ankle is splinted using either one of the following:	10	
a. The ankle is wrapped using a triangular bandage for support.		
b. The ankle is splinted		
(1) The soft splint is applied by wrapping something soft (small blanket or towel) around the injured area.		
(2) Triangular bandages are tied in place securely with knots		

4. Circulation is checked following splinting	3	
5. Ice packs or cold compresses are applied for no more than 20 minutes at a time.	5	
6. A barrier such as a thin towel is placed between the ice pack and bare skin.	5	
MOVEMENT OF THE PATIENT	30 Max pts	
1. Because of the storm approaching the patient is moved	5	
2. Patient is moved using any of the following methods (patrol will demonstrate at least one method): a. Blanket Drag b. Shoulder Drag c. Four-handed seat d. Two-handed seat' e. Chair Carry f. Hammock Carry g. Shirt Stretcher h. Blanket Stretcher i. Board Stretcher	10	
3. Patrol names at least 3 methods that can be used (exact name does not have to be given, a description is fine).	5 5 5	
TREATMENT FOR SHOCK PROCEDURE	10 Max pts	
1. Had the patient lay down and raised his left leg about 12 inches.	5	
2. Covered the patient to maintain body temperature.	5	
TOTAL POINTS	115	

JUDGE'S NAME (PRINT): _____

JUDGE'S SIGNATURE: _____

JUDGE'S AFFILIATION: _____