



NORTHAMPTON COUNTY

Department of EMERGENCY MEDICAL SERVICES



STANDARD OPERATING GUIDELINES

TOPIC: "REHAB"	SOG #: 2.9.1
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Status: ACTIVE	Written: 02/12/2002
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Approved by: Hollye B. Carpenter	Adopted: 01/01/2013

PURPOSE

To outline the responsibilities of the EMS Provider providing rehab

SCOPE

All department EMS Personnel

CONTENT

1. A "rehab center" will be set-up at the request of the Incident Commander.
2. Prior to arriving on the scene, EMS Staff shall ensure the following items are readily available:
3. Adequate number of iced down bottled waters and Gatorades (or similar),
4. Cooler with water and ice for cooling,
5. Adequate number of towels (12-24).
6. The Attendant-in-Charge (AIC) or "Rehab Officer" will be in charge of the "rehab center."
7. The rehab center will provide minimal shelter, PO fluids (administered at 40F or 4.4C), rest and necessary medical attention for the personnel involved in the incident.
8. The Rehab Officer will be responsible for:
9. Maintaining a log of personnel on scene (NCEMS Form 2.9.1),
10. Coordinating, with the Incident Commander, the rotation of both Fire and EMS personnel,
11. Maintaining a log of personnel entering and exiting rehab (NCEMS Form 2.9.2),
12. All NCEMS Forms utilized shall be placed in the NCEMS lock box at the station.
13. Re-hydration (at least 8 ounces) shall be provided for personnel while changing SCBA bottles.
14. Personnel should enter the "rehab" center" after a maximum of 2 air bottles or after a maximum of one (1) hour of activity. Incident Command reserves right to send personnel to rehab at any time.
15. The Rehab Officer and staff shall evaluate the Heart Rate and Oxygen Saturation of each person upon entering rehab.
16. Personnel should be held in the "rehab center" for a minimum of ten (10) minutes.
17. The Rehab Officer and staff shall evaluate the Heart Rate and Oxygen Saturation of each person prior to exiting rehab and identify any of the following conditions:
18. For Oxygen saturation levels below 95% or Heart Rate >120, an evaluation must be done of the respirations, skin (color, temperature, moisture), blood pressure and oral temp.
19. If temp >100.6F or 38C he/she should not be permitted to wear protective equipment.
20. Tachycardia: persistent with a resting pulse of 110 or more.
21. Diastolic Hypertension: diastolic readings over 100 mm or 20% below normal.
22. Any person presenting with any of the above conditions shall have continual observation and 5 minute reassessments performed and documented on the Emergency Incident Rehab Individual Evaluation Report. Any medical treatment provided shall be fully documented on a PPCR. The Rehab Officer shall notify the Incident Commander of any recommendation(s) to withhold person(s) from reentering the scene.
23. The rehab center shall disband at the direction of the Incident Commander.