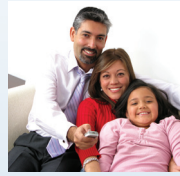


HomeSafeHome

Checklist



Thousands of infants and toddlers suffer from burn injuries at their homes each year. Scalds from hot liquids or steam are some of the most common and painful types of household burns that can affect your child for a lifetime. Keep your child safe with these quick, easy tips because there's no place like home for your family.

Kitchen & Dining Room

Your child's safety is the most important ingredient.

- Never leave your child alone in the kitchen.
- During meal preparation and serving, keep your child in a safe play area or high chair.
- Avoid using tablecloths to prevent hot liquid/food from being pulled over or spilled.
- Never use a microwave to heat a bottle. Always test the temperature of heated bottles or foods before giving them to your infant or toddler.
- Keep pot handles turned toward the back of the stove, or only use the back burners.
- Keep cups and appliance cords away from the edge of the stove, table, or counter top.
- Never hold your child while drinking hot beverages or eating hot foods.
- Use spill-resistant travel mugs for all hot beverages.

Bathroom

Splash into bathroom safety.

- Never leave your child alone in the bathroom.
- Keep your hot water heater no higher than 120 degrees.
- Always test the temperature of the water with your hand or thermometer before placing your child in the bathtub.
- Always turn off the hot water first and the cold water last.
- Place your child in the bathtub facing away from the hot and cold faucets to prevent contact.
- Always keep bathroom appliances like hair straighteners and curling irons away from your child.
- Install locks on any cabinet doors where your child could access dangerous household products.

Living Areas & Bedrooms

Rest easy knowing your child is safe.

- Install at least one smoke alarm on every level and sleeping area in your home.
- Test your smoke alarms each month and change the batteries every year.
- Never remove the batteries from your smoke alarm for any reason other than to change them.
- Keep matches and lighters away from your child.
- Never leave burning candles unattended.
- Keep all extension cords away from your child.
- Cover unused electrical outlets with plug covers.
- Install gated safety screens by fireplace openings to prevent contact by your child and pet(s).
- Install carbon monoxide detectors in your home if you have an attached garage or burn wood, kerosene, oil and or gas.

Basement, Garage & Yard

Fun in the sun means safety first.

- Keep your child away from your BBQ grill.
- Make sure your child wears shoes outdoors on hot, sunny days.
- Always make sure your child's car seat is not hot before use.
- Store all harmful outdoor products like chemicals and cleaning products in locked cabinets or closets.

Emergency Procedures

Safety means having a plan.

- Post emergency contacts and other important information next to the phone.
- Choose a family member to be responsible for small children in the event of an emergency.
- Regularly practice your emergency escape plan including two ways out of every room and an outdoor meeting place with your family.
- Plan alternate escape routes in case the main routes are blocked by fire.