



PRINCE GEORGE'S
COUNTY, MARYLAND
**FIRE/EMS
DEPARTMENT**

**VOLUNTEER
RECRUIT
SCHOOL**

**SKILL DRILL
SHEETS**



Volunteer Recruit School

Skill Drills Packet

In order to successfully complete the Volunteer Recruit School Course, the student must successfully complete all of the Skill Drills in this packet. These Skill Drills must be completed at the station within thirty (30) days of the start of their Volunteer Recruit School Course. Once the Skill Drills Packet has been completed, submit the packet to the Fire/EMS Training Academy. The Volunteer Recruit School certificate will be sent to the station.

Student Name: _____ ID #: _____

Affiliation: _____ Station #: _____

VRS Course Date: _____

I acknowledge that the person listed above has successfully demonstrated / completed all of the skill drills in this packet.

Volunteer Chief Name & ID # Signature Date

Drill #	Topic	Description
1	PPE & SCBA	Daily SCBA Inspection
2	PPE & SCBA	Donning Personal Protective Equipment
3	PPE & SCBA	Donning SCBA Using the Coat Method
4	PPE & SCBA	Activating the PASS Device
5	Hose Lines	Performing a Flat Hose Load for Supply Lines
6	Hose Lines	Performing a Flat Hose Load for Attack Lines
7	Hose Lines	Rolling a Straight Roll
8	Hose Lines	Uncoupling Hose with Spanners
9	Hose Lines	Two-Fire Fighter Method for Coupling a Fire Hose
10	Ladders	One Fire Fighter Emergency 24' Raise
11	Ladders	Two Fire Fighter Shoulder Carry

Daily SCBA Inspection

Evaluator Instructions: The Student shall be provided an SCBA, regulator and face piece.

Task: Daily inspection of the SCBA.

Performance Outcome: The student shall be able to properly a daily inspection of the SCBA.

Student Directive: "Properly inspect the SCBA using the daily inspection criteria."		First Test		Retest	
No.	Task Steps	P	F	P	F
1	Checks pack and harness straps.				
2	Checks air cylinder pressure.				
3	Turns on air cylinder valve and compares gauge pressures.				
4	Checks condition of all hoses while pressurized.				
5	Activates integrated PASS device.				
6	Checks face piece.				
7	Connects face piece to regulator and takes test breaths.				
8	Closes cylinder valves and opens emergency by-pass valve.				
9	Checks function and activation pressure of low air alarm.				
10	Closes by-pass valve and restores unit to ready condition.				

Evaluator Comments: _____

Evaluator Signature

ID Number

Date

Donning Personal Protective Equipment

Evaluator Instructions: The Student shall be provided full Personal Protective Equipment. The evaluator will need a stop watch.

Task: Don personal protective clothing within one (1) minute.

Performance Outcome: The student shall be able to properly don personal protective clothing in one minute.

Student Directive: "Properly don the personal protective clothing within one minute."		First Test		Retest	
No.	Task Steps	P	F	P	F
1	Places equipment in logical order for donning				
2	Places protective hood over head and down around neck.				
3	Puts boots on and pulls up bunker pants.				
4	Places suspenders over shoulders and secures the front of pants.				
5	Dons turnout coat and closes front.				
6	Pulls protective hood over head.				
7	Places helmet on head and adjusts chinstrap.				
8	Turns up coat collar and secures in front.				
9	Dons gloves.				

Evaluator Comments: _____

Evaluator Signature

ID Number

Date

Activating the PASS Device

Evaluator Instructions: The Student shall be provided full Personal Protective Equipment and SCBA.

Task: Activating the PASS Device

Performance Outcome: The student shall be able to activate their PASS device.

Student Directive: "Activate the PASS Device."		First Test		Retest	
No.	Task Steps	P	F	P	F
1	Locate the remote gauge on the SCBA				
2	Locate the manual alarm button to activate the PASS device				
3	Press the manual alarm button to activate the PASS device				
4	Locate the manual reset button to silence the PASS device				
5	Press the manual reset button to silence the PASS device				

Evaluator Comments: _____

 Evaluator Signature

 ID Number

 Date

Performing a Flat Hose Load for Supply Lines

Evaluator Instructions: The Student shall be provided with hose and gloves.

Task: Flat Hose Load for Supply Lines.

Performance Outcome: The student shall demonstrate the ability to do a flat hose load from supply lines.

Student Directive: "Properly perform a flat hose load for supply lines."		First Test		Retest	
No.	Task Steps	P	F	P	F
1	To set up for a forward lay, the student places male coupling in hose bed first. To set up for reverse lay, the student places female coupling in hose bed first.				
2	Starts hose lay with coupling at back end of hose compartment.				
3	Folds hose back on itself at front of hose bed.				
4	Runs hose back on itself on top of previous length.				
5	While laying hose back to front of hose bed, angles hose to side of previous fold.				
6	Continues to lay hose in neat folds until whole hose bed is covered with a layer of hose. Continues to load layers of hose until required amount is loaded.				

Evaluator Comments: _____

Evaluator Signature

ID Number

Date

Performing a Flat Hose Load for Attack Lines

Evaluator Instructions: The Student shall be provided with hose and gloves.

Task: Flat Hose Load for Attack Lines.

Performance Outcome: The student shall demonstrate the ability to a flat hose load for attack lines.

Student Directive: "Properly perform a flat hose load for attack lines."		First Test		Retest	
No.	Task Steps	P	F	P	F
1	Connects the female end of the first length of hose to the discharge outlet to begin the dump load section.				
2	Lays the hose flat to the front of the hose bed. Folds the hose and lays the hose to the back of the hose bed.				
3	Creates an ear with the hose. Continues to fold the hose until the desired length has been racked for the dump load section.				
4	Pulls the male coupling towards the back of the hose bed, over the railing.				
5	Assembles the remaining hose sections and attaches the nozzle.				
6	Places the nozzle over the racked dump load. Pulls the hose from the bottom of the nozzle. Wraps the nozzle with the hose.				
7	Continues to fold the hose until all the hose has been racked				
8	Locates and connects the male coupling from the dump load section and the female coupling from the shoulder load section.				

Evaluator Comments: _____

Evaluator Signature

ID Number

Date

Rolling a Straight Roll

Evaluator Instructions: The Student shall be provided with hose and gloves.

Task: Rolling a straight roll.

Performance Outcome: The student shall demonstrate the ability to properly straight roll a hose.

Student Directive: "Properly straight roll a hose."		First Test		Retest	
No.	Task Steps	P	F	P	F
1	Lays hose out flat and straight.				
2	Begins by rolling male coupling over on top of hose.				
3	Rolls hose to female coupling.				
4	Sets hose roll on side; taps any protruding hose flat with foot.				

Evaluator Comments: _____

Evaluator Signature

ID Number

Date

Uncoupling Hose with Spanners

Evaluator Instructions: The Student shall be provided with hose and a partner.

Task: Uncoupling hose with spanner wrenches.

Performance Outcome: The student shall demonstrate the ability to properly uncouple hose using spanners.

Student Directive: "Properly uncouple hose using spanner wrenches."		First Test		Retest	
No.	Task Steps	P	F	P	F
1	Straddles connection on ground above female coupling.				
2	Places one spanner wrench on female coupling with handle to left.				
3	Places second spanner wrench on male coupling with handle to right.				
4	Pushes both spanner handles down towards ground to loosen connection.				

Evaluator Comments: _____

Evaluator Signature

ID Number

Date

One Fire Fighter Emergency 24' Raise

Evaluator Instructions: The Student shall be provided with an extension ladder and Personal Protective Equipment.

Task: Emergency 24' ladder raise with one fire fighter

Performance Outcome: The student shall be able to safely raise the 24' extension ladder

Student Directive: "Safely raise the extension ladder."

		First Test		Retest	
		P	F	P	F
No.	Task Steps				
1	Locates the center of the ladder, places one arm through two rungs and brings the top beam to rest on their shoulder.				
2	Carries ladder to desired location, butt first.				
3	Checks for overhead hazards.				
4	Places butt against the base of the structure.				
5	Rotates ladder so both spurs contact the ground and structure.				
6	Lays the ladder flat on the ground.				
7	Grasps the rung near the tip and brings that end of the ladder to chest height.				
8	Steps beneath the ladder.				
9	Pushes upward on the rungs.				
10	Walks toward the structure.				
11	Lifts rungs hand-over-hand until the ladder is vertical against the structure.				
12	Pulls the butt away from the structure.				
13	Rotates the ladder so the fly section is out and secures the halyard.				

Evaluator Comments: _____

Evaluator Signature

ID Number

Date

Two Fire Fighter Shoulder Carry

Evaluator Instructions: The Student shall be provided with an extension ladder, a partner, and Personal Protective Equipment.

Task: Two Fire Fighter shoulder carry.

Performance Outcome: The student shall be able to safely carry a ladder with a partner.

Student Directive: "Safely carry a ladder with a partner."		First Test		Retest	
No.	Task Steps	P	F	P	F
1	The fire fighter approaches ladder and kneels on the same side of the ladder as the other fire fighter facing the tip. One fire fighter stands near the butt and the other near the tip.				
2	Both fire fighters grasp a convenient rung with the hand, palm forward. Stand the ladder on the beam, when given the command to "beam the ladder."				
3	When the command is given to "shoulder the ladder", the fire fighter stands, pivots and places the free arm between two rungs with both fire fighters facing the butt end of the ladder.				
4	Places the upper beam of the ladder on the shoulder				
5	If on the butt end of the ladder, covers the butt spurs with gloved hand while transporting ladder. If at the tip end, gives movement commands.				

Evaluator Comments: _____

Evaluator Signature

ID Number

Date