

PATROL NAME: \_\_\_\_\_ TROOP # \_\_\_\_\_

PATROL LEADER'S NAME: \_\_\_\_\_

SCORE: \_\_\_\_\_ of out 52



## NORTH VALLEY DISTRICT 2012 FIRST AID MEET FIRST AID TEST

Write the answer in the space provided & circle the correct answer (2 pts each).

- \_\_\_ 1. Which of the following is usually NOT the cause of a puncture wound?
- A. Gun Shot
  - B. Pins or needles
  - C. Razor blades
  - D. Splinters
  - E. Fish Hook
- \_\_\_ 2. Added in the contact list of many cell phones, what does the acronym ICE stand for?
- \_\_\_\_\_
- \_\_\_ 3. How long should you wash your hands for?
- A. 5 to 10 seconds
  - B. 2 to 3 minutes
  - C. 45 to 55 seconds
  - D. 15 to 20 seconds
  - E. at least 1 hour
- \_\_\_ 4. A strain occurs when \_\_\_\_\_ are overstretched.
- A. Muscles
  - B. Nerves
  - C. Ligaments
  - D. Veins
  - E. Arteries
- \_\_\_ 5. True or False: A hot spot is a sign that a blister may be forming.
- \_\_\_ 6. True or False: You should treat all accident victims for shock.
- \_\_\_ 7. True or False: A brown recluse spider is known by its distinctive fiddle marking.
- \_\_\_ 8. True or False: Hypothermia can only occur in the winter.
- \_\_\_ 9. True or False: A heart attack and a cardiac arrest are the same thing.
- \_\_\_ 10. To remove a tick, do one of the following:
- A. Use the heat from a match to force the tick out.
  - B. Use petroleum jelly and smother the tick to force it out.

- C. Use a credit card and scrape it off.
- D. Use tweezers to grasp the tick and gently pull it out.

- \_\_\_ 11. Cause(s) of anaphylactic shock may include:
  - A. Peanuts
  - B. Latex
  - C. Jellyfish Stings
  - D. All of the above
- \_\_\_ 12. True or False: When someone is having a seizure you should stick something in their mouth to prevent them from swallowing their tongue.
- \_\_\_ 13. True or False: Tourniquets should never be used and Scouts should not learn how to make and use them.

**For #14 & 15 Match the letter with the appropriate number**

- \_\_\_ 14. Closed Fracture                      A. Compound Fracture (bone sticks out)
- \_\_\_ 15. Open Fracture                      B. Simple Fracture (bone does not stick out)

**For #16-18 Match the letter with the appropriate number**

- \_\_\_ 16. 1<sup>st</sup> Degree burn                      A. Superficial Burn
- \_\_\_ 17. 2<sup>nd</sup> Degree burn                      B. Partial-Thickness Burn
- \_\_\_ 18. 3<sup>rd</sup> Degree burn                      C. Full-Thickness Burn
- \_\_\_ 19. The ditty “red and black-friendly jack; red and yellow-deadly fellow” refers to which snake?
  - A. Cottonmouth moccasin
  - B. Copperhead
  - C. Eastern Rattlesnake
  - D. Coral Snake

- \_\_\_ and 20. A person that has pale and clammy skin, is suffering from nausea, tiredness, dizziness, and is complaining of a headache, muscle cramps, and weakness may be suffering from:
  - A. Heat Stroke
  - B. Heart Attack
  - C. Hypothermia
  - D. Heat Exhaustion

- \_\_\_ 21. An example of an abrasion is:
  - A. A black and blue mark
  - B. A pulled muscle
  - C. A cut or scrape
  - D. A partial amputation

- \_\_\_ 22. An AED (Automated External Defibrillator) is a tool that is used for:
  - A. Opening a victim’s airway

- B. Removing splinters and other foreign bodies from a person
- C. Restarting the heart of a patient who is in ventricular fibrillation
- D. Opening car doors that have been smashed in an accident.

\_\_\_ 23. A sphygmomanometer is a device used to get a patient's

- A. Pulse
- B. Respirations
- C. Blood Pressure
- D. Blood sugar level

\_\_\_ 24. The emblem used to identifying an ambulances prior to 1973 was

- A. A blue cross
- B. A red cross
- C. A green cross
- D. A safety orange cross
- E. A purple cross
- F. A flying eagle

\_\_\_ 25. TRUE OR FALSE: Gerald R. Ford was the only Eagle Scout to become U.S. President.

\_\_\_ 26. Which of the following are true about Gerald R. Ford

Vice-  
office.

- A. Became U.S. President without ever being elected as President or President.
- B. An Eagle Scout
- C. Had served the shortest time of any President having not died in office.
- D. Earned the Distinguished Eagle Scout Award
- E. All of the Above

**TIE BREAKER QUESTIONS**

In the event of a Tie in the top 5, the following question will be used as a Tiebreaker.

What do the following acronyms mean?

CPR

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AED

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EMS

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A-B-C-D

\_\_\_\_\_  
(An easy way to recall the order of treatment in a life-threatening emergency)

