

PATROL NAME: _____ TROOP # _____

PATROL LEADER'S NAME: _____

SCORE: _____ of out 54



NORTH VALLEY DISTRICT 2012 FIRST AID MEET FIRST AID TEST

Write the answer in the space provided & circle the correct answer (2 pts each).

- ___ 1. Which of the following is usually NOT the cause of a puncture wound?
- A. Gun Shot
 - B. Pins or needles
 - C. Razor blades
 - D. Splinters
 - E. Fish Hook
- ___ 2. Added in the contact list of many cell phones, what does the acronym ICE stand for?
- _____
- ___ 3. How long should you wash your hands for?
- A. 5 to 10 seconds
 - B. 2 to 3 minutes
 - C. 45 to 55 seconds
 - D. 15 to 20 seconds
 - E. at least 1 hour
- ___ 4. A strain occurs when _____ are overstretched.
- A. Muscles
 - B. Nerves
 - C. Ligaments
 - D. Veins
 - E. Arteries
- ___ 5. True or False: A hot spot is a sign that a blister may be forming.
- ___ 6. True or False: You should treat all accident victims for shock.
- ___ 7. True or False: A brown recluse spider is known by its distinctive fiddle marking.
- ___ 8. True or False: Hypothermia can only occur in the winter.

- ___ 9. True or False: A heart attack and a cardiac arrest are the same thing.
- ___ 10. To remove a tick, do one of the following:
 A. Use the heat from a match to force the tick out.
 B. Use petroleum jelly and smother the tick to force it out.
 C. Use a credit card and scrape it off.
 D. Use tweezers to grasp the tick and gently pull it out.
- ___ 11. Cause(s) of anaphylactic shock may include:
 A. Peanuts
 B. Latex
 C. Jellyfish Stings
 D. All of the above
- ___ 12. True or False: When someone is having a seizure you should stick something in their mouth to prevent them from swallowing their tongue.
- ___ 13. True or False: Tourniquets should never be used and Scouts should not learn how to make and use them.

For #14 & 15 Match the letter with the appropriate number

- | | |
|-------------------------|--|
| ___ 14. Closed Fracture | A. Compound Fracture (bone sticks out) |
| ___ 15. Open Fracture | B. Simple Fracture (bone does not stick out) |

For #16-18 Match the letter with the appropriate number

- | | |
|-------------------------------------|---------------------------|
| ___ 16. 1 st Degree burn | A. Superficial Burn |
| ___ 17. 2 nd Degree burn | B. Partial-Thickness Burn |
| ___ 18. 3 rd Degree burn | C. Full-Thickness Burn |
- ___ 19. The ditty “red and black-friendly jack; red and yellow-deadly fellow” refers to which snake?
 A. Cottonmouth moccasin
 B. Copperhead
 C. Eastern Rattlesnake
 D. Coral Snake
- ___ and 20. A person that has pale and clammy skin, is suffering from nausea, tiredness, dizziness, and is complaining of a headache, muscle cramps, and weakness may be suffering from:
 A. Heat Stroke
 B. Heart Attack
 C. Hypothermia
 D. Heat Exhaustion
- ___ 21. An example of an abrasion is:
 A. A black and blue mark
 B. A pulled muscle
 C. A cut or scrape

- D. A partial amputation
- ___ 22. The Jaws of Life refers to a tool that is used for:
- A. Opening a victim's airway
 - B. Removing splinters and other foreign bodies from a person
 - C. Extricating victims from a car accident
 - D. A tool to open a seizure patient's mouth
- ___ 23. A sphygmomanometer is a device used to get a patient's
- A. Pulse
 - B. Respirations
 - C. Blood Pressure
 - D. Blood sugar level
- ___ 24. On the television show Emergency!, Station #51 housed what two fire trucks.
 ___ (1 pt each)
- A. Ladder Truck
 - B. Rescue Squad
 - C. Tender/Tanker
 - D. Engine/Pumper
 - E. Fire Police Truck
 - F. Chief's Vehicle
- ___ 25. TRUE OR FALSE: On the television show Emergency!, Station #51 was actually the real life Station #127.
- ___ 26. On the television show Emergency!, what were the names of the two Firefighter-Paramedics? (1 point each)
- A. Firefighter-Paramedic Johnny Gage
 - B. Firefighter-Paramedic Jimmy Page
 - C. Firefighter-Paramedic Robert Dodge
 - D. Firefighter-Paramedic Roy DeSoto
- ___ 27. The government agency commonly referred to FEMA is
- A. The Federal Experimental Management Agency
 - B. The First Emergency Manpower Agency
 - C. The Federal Emergency Management Agency
 - D. The Federal Emergency Manpower Association

TIE BREAKER QUESTIONS

In the event of a Tie in the top 5, the following question will be used as a Tiebreaker.

What do the following acronyms mean?

CPR

AED

EMS

A-B-C-D

(An easy way to recall the order of treatment in a life-threatening emergency)